

First Steps[™] Advance Care Planning Facilitator Certification



RESPECTING CHOICES[®] PROGRAM SPONSORED BY VIDANT HEALTH

Respecting Choices[®] First Steps[®] Advance Care Planning (ACP) Facilitator Certification is designed for professionals such as social workers, nurses, clergy, physicians, health educators and others involved in educating and assisting patients and consumers in making end-of-life health care treatment decisions.

The program includes online modules in addition to classroom instruction. The online component includes interactive courses intended to help you learn basic ACP concepts and to come to the classroom course prepared for a more robust learning experience. Contact hours for the online prerequisite are available through Respecting Choices. Upon successful completion of the First Steps[®] program, you will be provided the opportunity to enhance your skills to facilitate discussions with patients with advanced illness, training geared to initiate and complete NC's Medical Orders for Scope of Treatment (MOST form).

Purpose:

To improve the quality and effectiveness of advance care planning conversations with consumers, including the process leading to the completion of Advance Directives.

Course Objectives

- A. Identify interview skills for facilitating First Steps[®] ACP conversations with healthy adults.
- B. Identify interview skills for facilitating First Steps[®] ACP conversations with adults with chronic illness.
- C. Create strategies to communicate the plan, including the completion of an advance directive document.
- D. Examine the ACP Facilitator's role in implementing three key systems for ACP effectiveness.
- E. Demonstrate beginning competency in facilitating First Steps[®] ACP conversations through role-play activities.

Prerequisites/Pre-course Assignments

1. Complete the Respecting Choices[®] First Steps[®] ACP Facilitator Online Core Curriculum.
2. Complete a practice Advance Directive document to be submitted to instructor for review.
3. Attempt to have an ACP conversation with a loved one or close friend. Share in class what you learned from this personal exercise.

Classroom Course Agenda

Morning:

- 8:00 Introductions and Welcome
- 8:30 Review of First Steps ACP Facilitation Skills
- 9:30 *Break*
- 9:45 Practice Role-Play Activity
- 10:30 Review of ACP Facilitation Skills
- 11:30 Practice Role-Play Activity

Afternoon:

- 12:15 Debrief: What skills did you learn?
- 12:30 *Lunch Break*
- 1:15 The Personal Engagement Activity
- 1:30 Create Strategies to Communicate the Plan
- 2:15 *Break*
- 2:30 Making ACP Work: What the Facilitator Needs to Know
- 3:00 Final Competency Role Plays
- 4:00 Summary/Evaluation
- 4:30 *Adjourn*

First Steps[™] Advance Care Planning Facilitator Certification



First Steps[®] Advance Care Planning Facilitator Certification 2016 TRAINING SCHEDULE & REGISTRATION FORM

To Register

Complete this form and mail or deliver with payment as follows:

Registration & Payment Deadline:	30 days prior to class date
Registration Fee:	\$ 135.00
Checks should be made payable to:	HealthAccess, Inc.
Mail Registration Form and Payment to:	HealthAccess, Inc. Attn: ACP Community Outreach PO Box 8125 Greenville, NC 27835-8125

Attendee Information (type or print)

Full Name	
Profession	
Employer	
Preferred Mail Address <input type="checkbox"/> Home <input type="checkbox"/> Work	Street/PO Box: City/State/ZIP:
Preferred Email	
Preferred Phone	

2016 Event Schedule

Check Your Preferred Date:	Day	Date	Location	Registration Deadline	Online Course Completion Deadline
	Tuesday	February 23	Greenville	January 23	February 22
	Tuesday	April 19	Edenton	March 19	April 18
	Tuesday	September 27	Duplin County area	August 27	September 26
	Tuesday	October 25	Greenville	September 25	October 24

For More Information:

Contact Vicki Dougherty, Vidant Health Outreach Coordinator, 252- 341-3986, Vicki.T.Dougherty@VidantHealth.com.

Go to VidantHealth.com/AdvanceCare for Advance Care Planning toolkits, frequently asked questions and scheduled events.

The term "certification," as used in Respecting Choices[®] educational programs and products means that Gundersen Health System issues a certificate upon fulfillment of the following elements:

- 1) completion of a specified Respecting Choices educational program with standardized content and processes;*
- 2) successful demonstration of skills associated with the specified program; and*
- 3) if applicable, an 80 percent or higher score on a written examination associated with the specified program.*

The Respecting Choices certification programs are not credentialed by a national accreditation body.

Materials Developed by Respecting Choices[®] © Copyright 2015 RC 1218_FSFCtrBroc_v6.15 CM

All rights reserved. Gundersen Lutheran Medical Foundation, Inc.